



# ARMSTRONG SUBMISSION

*Brazilian Jiu Jitsu & Submission Fighting*

*Official GRACIE BARRA Affiliate School*

**\*\*A Gi or Kimono is Required for Gi Classes\*\***

**\*\*T-shirt/Rash Guard and Shorts/Jogging Pants Required for No-Gi Classes\*\***

**Must supply own protective devices (ex. mouth guard)**

## Individual Membership Options

Adult Gi Membership (Unlimited)	<b>\$70.00/month or \$720/year</b>
Adult Gi Day & Saturday Membership	<b>\$50.00/month or \$540/year</b>
Kids BJJ (Ages 5-12)	<b>\$40.00/month or \$420/year</b>
Private Lesson ( <b>Non - Gracie Barra Members</b> )	<b>\$30.00/hour</b>
Private Lesson ( <b>Gracie Barra &amp; Destruction MMA Members</b> )	<b>\$20.00/hour</b>
Semi Private Lesson	<b>\$25.00/hour</b>
Seminars	<b>Negotiated</b>

## Family Membership Options

2 Adult & 2+ Children (Unlimited) Membership	<b>\$180.00/month</b>
1 Adult & 2+ Children (Unlimited) Membership	<b>\$140.00/month</b>
2 Adult <u>or</u> 1 Adult and 1 Child (Unlimited) Membership	<b>\$100.00/month</b>

All Membership fees must be paid by **10<sup>th</sup>** or **20<sup>th</sup>** of every month depending on start date. Private and Semi Private classes must be arranged around existing schedule.

Grading is reserved for Gi members, with their membership in good standing.

Members who belong to both **Destruction MMA** and **Armstrong Submission** will receive a discount of **\$10.00 OFF** Unlimited Gi Membership.

It is Armstrong Submission's belief that life happens and therefore there are no contracts for members. Gis (uniform) and gear can be purchased through the club or through [www.graciebarrastore.com](http://www.graciebarrastore.com).

*Associate Training Center*

**Destruction MMA**

(999 Richmond St. Chatham)